



# TOPPHIYA MALAATA DOONA

Asttamaare Maxaafe  
Issantho Kifile

Goofathon birshshiday:

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Diizayinari:

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*Tophphiya Pederaale La77atehaa Iripubilike Timirtte Ayso*

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# GELO

Ha asttamaare kaaleso maxaafey giigettiday issantho kifile malaata doona tamarsso maxaafe made gidana mala qofettidiba.Ba garssan oosetanaw bessiya qofatan, teklinikettan, hiilatan Tophphiya malaata doona tamarssanawunne baaso yegganaw oykkidabaa gidishin tamaarettikka timirttiyan muruutancha udanayssi amanthees.

Gujidikka tamarssso hiillati tamaaretas qonccenne giiga gidida tamaaro tamarssso gahetetha medhdhidi doona dichcha laamanaw mino baaso yeggees.Hanope attin asttamaareti malaata doona maxaafiya sissi dandda7enna tamaareta tamarssya wode oothanaw bessiyabata koshshiya mala go77ettidi tamaaro tamarssso hanotay giigida ogen baanada maaddees.Ha timirttey 15 shempota oyqidi issi issi shempuhan koyro bolla timirtte kaara gelanaape sinthe kaara gelos/ oosos maaddiya yethati de77oosona.

Hayssape haray shemopuwas koyro timirtte giddobaswaanna qoppobatinne sima qoppobati giigida gisho asttamaarey ha giddobata akekkidi timirttey shiiqiya wode ha qoppobatara gahetethi de7iyaada udidi timirttiyas muruuti de7anaada maaddees. Wurssethan asttamaarey timirttiya issi shempuwa tamarssi onggidaappe guyeninne tamarssso bolla de7ishe tamaareta akeeka waaati kaalli xeelli dandda7aneeko go77et-tanaw dandda7isiya kaalethiya ogiya oykkees. Hayssa tamaareti shempuwa timirtte giddoba akeekanne de7iya hanota eranaw asttamaarey kuusha zaaro imanaada maaddees.

Xaaxi waixin ha kaaleso maxaafiya giddon uttida mallata issinin gidin hara medhon tamaaro tamarssso hanotay astamaariyas injje gidana geetettidi amanthees. Gidikokka asttamaarey ha allaleta minthi xeellidi tamaare mxaaifiyara gasethidi tamaaro tamarsso hanotay ayfera de7iyaaba udanaw ba minotetha oothana mala dandda7isees.

## Qofiso

Issi issi shempuwa giddon go7a bolla pee7ida qaalati misilo qonccisoti tamaare maxaafe wurssetha shaye bolla markandoti uttidosona.Hayana asttamaareto: tamaareti koshshiya keenq go7ettanaada maaddite.

Hayana asttamaareto:malaata qaaqa gina, kushe yegetha, utetha, medhuwanne qa-axuwa ubara bolla qaathan, sintha qoncciso koshshiya mela amaliyanne bessa bolla maaran go7ettite.

Issi issi shempuhan koyro timirttiya kaarakko gelanape sinthe kaaras gelo gidana mela shiiqida yethataa hayana asttamaareto: malaata doona hanota hanotan tamaaretas gelliya qonccison malaata doonan yexxite.Tamaareti yethaa koshshiya keena kaalleyssa be7ite.

Hayana asttamaareto: malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oosettiya oona gidida qaala oosotanne qofa laameretetha malaata doonanne biradhe pidale go7ettite. Hayana asttamaareto: Malaatatas qaaqa ginaa, kushe yeethaa, utethaa, medhaanne qaaxaa gujidikka bolla qaaxo, ayfe kare qonccisethi koshshiy a hanotan amalenne bessa bolla tamaareti bessiya mala oothidayssa woykko bessidayssa kaalite. Hayana asttamaareto: kifile gelanaape sinthe timirtte kaarara giigiy maado miishe giigiside oykkite.

# SHEMPO ISSINO

## ERISO

### Kumetha qoppobata

- ◆ Nam77u malaata meega qofa malaata doonan odo danda7oosona.
- ◆ Wolira malaata doonan saroso dandda7oosona.
- ◆ Bantta sunthanne kifiliya malaata doonan shaakki odoosona.

*Imettida wodey : 9 kifile wode*

### Giddobata:

- ◆ Malaata doonan sarothro laameretethi
- ◆ Malaata doonan pana eriso
- ◆ Malaata doonan tamaareta sunthaa
- ◆ Sarothonne erisora gahettida malaatata
- ◆ Nam77u malaata meega qofata
- ◆ Nanggettiya muruutata

### Paatettida Qopobata:

- ◆ Malaata doonan bantana erisoosona.
- ◆ Malaata doonan saroho laamettoosona.
- ◆ Malaata doonan woga naagidi saroho laamettoosona.
- ◆ Nam77u malaata meega qofata go77etidi bantaba odoosona.
- ◆ Malaata doonara gahetethi de7iya oyshata zaarosona.
- ◆ Sarothoranne erisora gahetethi de7iya malaatata qaaqa gina, kushe wo-so,medho, qaaxo bessanne utetha maaran poloosona.
- ◆ Akeekan kumidi xeelo dichoosona.
- ◆ Akeekan kaya naagidi qofa laameretethi eroosona.
- ◆ doonan yexxite

## Timirtte shiisho

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretes gelanaw danda7isiya qoncisoninne malaata doona hanota qofida hanotan malaata.

Ta isha Yayqoba  
Ta isha Yayqoba (2)  
Dhiskadiiye (2)  
Dawley shocettis  
Denddaa (2)  
Ero denddana (2)  
Ta sinthaa meecada  
Ta laaxa laaxada  
Timirtte soo baana  
Lo7o eratetha demmana.

- ◆ Tamaaretes sarotho malaata doonan immon hintte suntha erisite.
- ◆ Tamaareti pantana mallta doonan erisanaada malla immite.

### Malla:

Aymela aqadii?, Aymela pee7adii?  
Ta lo7o galatayss?  
Ta sunthay -----  
Ta aawa sunthay -----  
Issantho kifile tamaare.

- ◆ Tamaareti hayssa malla kaallidi aaziya hanotan pantana erisana mela meezyeyite.
- ◆ Nam77u malaata meega qofata go7ettidi oyshata zaarana mala meezyeyite.
- ◆ Kaya naagidi qofa laametethi danda7ana mala meezyeyite.
- ◆ Malaata akeekidinne qofidi pantaa be7o eratetha dichana mela waathaninne cugan giigidi meeza-naada mithethite.

- ◆ Misilo qoncisota ? qaaxotanne zaaro kaassata go7ettidi tamaareta zaari zaari meezyeyite.
- ◆ Wogaa naagidi sarotho laametanaada meezyeyite.

### Qofiso

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## TIMIRTTE MAADO MIISHE

- ◆ Oosotanne qaaxota bessiya misile qonccisota

## KAALLI XEELO

- ◆ Panta sunthanne aawata suntha malaata doonan odeyssa kaallite.
- ◆ Entti de7iya kifile detha malaata doonan oda dandda7idayssa tillayite.
- ◆ Tamaareti imettida mallaada panta kumetha hanotan malaata doona eriso dandda7idayssa kaallite.
- ◆ Erisora gahettidi shiiqiya oyshatas koshshiya zaaro malaata doonan immo dandda7idayssa erite.
- ◆ Sarotho qaalata / misilo qonccisota suure malaatataro dabbothanaw dandda7idayssa erite.

# SHEMPO NAM77A

## Bolla Kifleta

### Kumetha qopobata

- ◆ Bolla kifleta oykki bessoosona.
- ◆ Bolla kifleta malaatata go7ettoosona.
- ◆ Nam77u malaata meega qofata/kiitata ooothoosona.

*Imettida wodey : 9 kifile wode*

### Giddobata:

- ◆ Bolla kifleta malaata doona sunthan xeegethinne beso
- ◆ Bolla kifleta malaata
- ◆ Peeshota /malla:bessa/Nam77u malaatata meega qofata
- ◆ Oyshanne zaaro beso sintha qonccisota

### Paatettida Qopobata:

- ◆ Bolla kifleta shaakki qonccisoosona.
- ◆ Bolla kifleta sunthaa malaata doonan xeegosona.
- ◆ Bolla kifleta oykki bessoosona.
- ◆ Bolla kifleta suntha misiletara dabbothoosona.
- ◆ Nam77u malaata meega qofata /kiitata ooothoosona.
- ◆ Oyshanne zaaro beso sintha qonccisota xana7oosona.

### Timirtte shiisho

### Ooso:

Hayana astamaareto kaalliyaa yetha  
tamaaretes gelanaw danda7isiya qonci-  
soninne malaata doona hanota qopida  
hanotan malaata.

Wogga Biradhdhe

Wogga biradhdhe(2)awan de7ay  
Hayssan days (2)waani de7eetii  
Ware biradhdhe(2)awan de7ay  
Hayssan days (2)waani de7eetii  
Giddo biradhdhe(2)awan de7ay  
Hayssan days (2)waani de7eetii  
Bira biradhdhe(2)awan de7ay  
Hayssan days (2)waani de7eetii  
Guutha biradhdhe(2)awan de7ay

- Hayssan days (2)waani de7eetii  
 Ta biradhdhetio(2)awani de7ay  
 Hayssan de7oos(2)waani de7eetii
- ◆ Bolla kifileta malaatata erisite.
  - ◆ Bolla kifilea bochidine sunthaa xeegi erisite.
  - ◆ Oyshata oyshoninne zaaron qoncisisite.
  - ◆ Nam77u malaata meega qofata / kiitata meezeetanaada udite.

### *Malla:*

- Kusheta bessite , Ayfeta mallite,  
 siidheta bochite,tohota bessite.
- ◆ Bolla kifileta misileta /pootota go7ettidi diraama kaasse oothite.
  - ◆ Tamaareti waathan gididi issov oy-chishin issov zaaro immanaada udite.
  - ◆ Xeelo nabbabon banta ooso eratetha dichana mela meezeeyite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## **TIMIRTTE MAADO MIISHE**

- ◆ Bolla kifileta bessiya
- ◆ Misileta , pootoya

## **KAALLI XEELO**

- ◆ Bolla kifileta sunha misiletara dabbotho dandda7eyssa kaallite.
- ◆ Bolla kifileta sunha shaakki eridayssa tillayite.
- ◆ Bolla kifileta sunha suure ogen xeegeyssanne besseyssa tillayite.

- ◆ Malliya malaatata go7ettidi bolla kifileta malaatan odehyssa kaallite.
- ◆ Bolla kifile malaatata, misiletanne sunthata gasetho dandda7eyssa kaallite.
- ◆ Nam77u malaata meega qofata medho dandda7eyssa kaallite.

# SHEMPO HEEDZA

## KAASSE

### Kumetha Qopoba

- ◆ Shempo woden kaa7iya kaassa qommota bolla tobbpoosona.
- ◆ Kaassata suntha malaata doonan odoosona.
- ◆ Dandda7ees/dandda7ikke bolla baasettida meega qofata oothoosona.

*Imettida wode:8 k/w*

### Giddobata:

- ◆ Shempo woden nayti kaa7iya kaassata
- ◆ Kaassata malaatata
- ◆ Dandda7ays/dandda7ikke bolla baasettida meega qofata
- ◆ Dandda7ays/dandda7ikkera biya sintha qonccisota /bolla qaaxota

### Paatettida Qopobata:

- ◆ Shempo woden nayti kaa7iya kaassa qommota sunthata malaata doonan xeegosona.
- ◆ Dandda7ays/dandda7ikke bolla baasettida meega qofa ooso danda7oosona.
- ◆ Dandda7ays/dandda7ikkera biya sintha qonccisotanne bolla qaaxota akeekoosona.
- ◆ Be7o gahetetha eratethaa dichchoosona.

### Timirtte shiisho

#### Ooso:

Hayana astamaareto kaalliya yetha tamaaretes gelanaw danda7isiya qoncisoninne malaata doona hanota qopida hanotan malaata.

Hini boney  
Hini boney hini away  
Dembba keyidi kaassay

Awude baletii na7atethay  
Tanaarida timirtte keethay.  
Ciishshay maatay bonccoy  
Ciliilo gidida ubbay  
Kaa7idayssi balettenna  
Heede na7atethay beettenna.  
Qosetetha kaassay  
Na7atetha yeeroy  
Qofettes awudekka balettenna  
Kase qofay ufayssees aggenna.

### Hiwot Mamo

- ◆ Tamaareti eriya kaassa qommota malaata doonan odanaada udite.
- ◆ Kaassa qommotanne sunthatamalaata doonan erisite.
- ◆ Kaassa qommota paatti erissite.
- ◆ Tamaareti buzon, waathaninne cugan gididi eriya kaassa qommota malaata doonan odanaada udite.
- ◆ Be7o nabbabo eratetha dichanaada udite.
- ◆ Dandda7ays/dandda7ikkera biya sintha qonccisotanne bolla qaaxota meezyite.

Dandda7ays/dandda7ikkera biya sintha qonccisotanne bolla qaaxota meezyite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

### Timirtte maado miishe

- ◆ Kaassatanne oosota bessiya misilo qonccisota

### Kaalli xeelo

- ◆ Shempo wode kaa7iya kaassa qommota sunhata eridayssa kaallite.
- ◆ Buzon, waathaninne cugan gididi eriya kaassa qommota odo danda7idayssa tillayite
- ◆ Dandda7ays/dandda7ikkera biya som77o qoncisota bolla qaasota paacceyssa be7ite.
- ◆ Dandda7iyanne danddonna kaassa qommota shaakki eridayssa tillayite .

# SHEMPO OYDDA

## Soo Asaa

### Kumetha qopobata

- ◆ Dabbotetha qoncciso malaatata shaakkoosona.
- ◆ Soo asaanne soo asaa yarata malaata doonan bessoosona.
- ◆ Nam77u malaata oyshata oothidi oychoosona.
- ◆ Minthidi naago koshshiya malaata dichoosona.

*Immettida wode: 6 K/W*

### Giddobata:

- ◆ Dabbotetha qoncciso malaatata bolla tobbo
- ◆ Dabbotetha qoncciso malaatata
- ◆ Nam77u malaata oyshata
- ◆ Soo asaa wogata

### Paatettida Qopobata:

- ◆ Soo asata yarata suntha malaata doonan xeegosona.
- ◆ Soo asaa malliya qaalata malaata doonan bessoosona.
- ◆ Soo asata yarata sunthanee laythaa malaata doonan qoncciso dandda7oosona.
- ◆ Soo asaa dabbotethanne gahetetha shaakki dandda7oosona.
- ◆ Soo asaa dabbotetha wogatanne gahetethata akeekoosona.
- ◆ Soo asaa qaalatanne malaatataro dabboosona.
- ◆ Misileta malaata doonara gasethooosona.
- ◆ Nam77u malaata oyshata ooothooosona.
- ◆ Ayfaama xeelon nabbabeyssata gidoosona.
- ◆ Soo asaa malliya qaalata TMD bessoosona.

## Timirtte shiisho hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopida hanotan malaata.

Goshshanchay gade bolla  
 Goshshanchay gade bolla  
 Xeellite be7ite goshshanchay gade bolla  
 Goshshanchas macha dawus  
 Xeellite be7ite goshshanchas macha dawus  
 Machees na7i de7ees  
 Xeellite be7ite machees na7i de7ees  
 Na7aas micha de7awus  
 Xeellite be7ite na7aas micha de7awus  
 Na7aas aawi de7ees  
 Xeellite be7ite na7aas aawi de7ees  
 Aawas ishi de7ees  
 Xeellite be7ite aawas ishi de7ees

- ◆ Soo asaa, soo asaa yaratanne dabbotetha qoncciso malliya malaatata erisite.
- ◆ Misilo qonccison shiiqida bolla kifileta nabbabanaada udite.
- ◆ Misileta sunthatara dabbothanaada meezyeyite.
- ◆ Dabbotetha qoncciso malaatata zaari zaari xana7anaada oothite.
- ◆ Soo asaa qaalata suure pootora/misilera gasethidi meezyetana hanota giigisite.
- ◆ Soo asaa eqqida malaatata nabbabanaada maadite.
- ◆ Dabbotetha qoncciso malaatatanne malliya qaalata dabbothon qoncciso immite.

- ◆ Nam77u malaata oyshata oothanaada udite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miisheta

- ◆ Soo asaa yarata bessiya misile qoncisorota

## KAALLI XEELO

- ◆ Soo asaanne soo asaa yarata sunthaa misiletara dabbothi dandda7eyssa kaallite.
- ◆ Dabbotetha qoncciso malaatata shaakki eridayssa tillayite.
- ◆ Dabbotetha qoncciso qaalata suure ogen xeegeyssatanne besseyssa kaalite.
- ◆ Malliyaa qaalata malaata doonan odyessa kaallite.
- ◆ Misilo qonccison maadettida kiitata nabbabo dandda7idayssa kaallite.
- ◆ Misileta sunthatara dabbothidayssa tillayite.
- ◆ Dabbotetha qoncciso malaatatanne dabbotethi malliya qaalata gasetho dandda7idayssa kaallite.
- ◆ Nam77u malaata oyshata oothidayssa kaallite.

# SHEMPO ICHASHA

## Qumanne Ushshi

### Kumetha qopobata

- ◆ Qumata malaataa doona sunthan bessoosona.
- ◆ Ushshata malaataa doona sunthan bessoosona.
- ◆ Quma sunthata malaata doonan xeegosona.
- ◆ Ushsha sunthata malaata doonan xeegosona.

*Imettida wode : 12 k/w*

|            |   |
|------------|---|
| Giddobata: | <ul style="list-style-type: none"><li>◆ Quma malaata doona suntha</li><li>◆ Ushsha malaata doona suntha</li><li>◆ Dumma dumma qumanne ushsha qommota malaata doona sunthi</li><li>◆ Ay madii?/ ay uyadii? Getettiya oyshatanne zaarota</li><li>◆ Alisiya qonccisota</li></ul> |
|------------|---|

### Paatettida Qopobata:

- ◆ Quma sunthata malaata doonan xeegoosona.
- ◆ Quma sunthata ushsha sunthatae shaakkoosona.
- ◆ Ushsha qommota mallata doonan bessoosona.
- ◆ Ushsha sunthata quma sunthatape shaakkoosona.
- ◆ Qumanne ushsha malaata sunthata misilera/ pootora dabbothoosona.
- ◆ Oyshata oothoosona.
- ◆ Qumanne ushsha misilo qonccisota malaata doonan bessoosona.
- ◆ Ay madii?/ ay uyadii? geeettiya nam77u malaata oyshata oyshettoosona.
- ◆ Alisiya qonccisota maaran go7ettoosona.

## Tinirtte shiisho hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Quma Muussi

Quma muussi pashkatethaas(2)

Goos dub dub dub

Goos isso nam77a heedza

Quma muussi pashkatethaas(2)

Daabbo soollo phuuphphulle

Goos dub dub dub

Goos isso nam77a heedza

Quma muussi pashkatethaas(2)

Asho uythi ambaasha

Goos dub dub dub

Goos isso nam77a heedza

Quma muussi pashkatethaas(2)

Goos dub dub dub

Goos isso nam77a heedza

- ◆ Misile/ pooto beson malaatan qumanne ushsha qommotanne sunthaan erisite.
- ◆ Tamaareti qumanne ushsha qommotha sunthaa xeeganaada udite.
- ◆ Laaxa ay midaakko tamaareti kayaa naagidi odanaada udite.
- ◆ Nam77u malaata oyshata (ay madii?/ ay uyadii?)oyshon toomba oothite.
- ◆ Qumanne ushsha malaata sunthata misilera/pootora dabboyanaada udite.
- ◆ Waathaninne cugan gididi qumanne ushsha qommotaba tobbanaada giigisite.
- ◆ Qumatanne ushsha qommota paatethaa bessiya misile mallataara dabbothidi meezyeite.

- ◆ Oyshatakka oosisite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miishe

Qumanne ushsha misilo qonccisota

- ◆ Qumanne ushsha misilo qonccisota malaata beson beso dandda7idayssa tillayite.
- ◆ Misileti aathiya kiita malaata doonan qoncciseyssa kaallite.
- ◆ Misileta be7on misiliyaaba qoccisethi immeysa kaallite.
- ◆ Misileta misileranne malaata doonara gasetho dandda7eyssa kaallite.

# SHEMPO USUPUNA

## Hachchi gallassay aybee?

### Kumetha qopobata

- ◆ Saamintta qammata malaata doonan qoccisoosona.
- ◆ Saamintta qammataba malaata doonan tobboosona.
- ◆ Saamintta qammata malaata doonan bessoosona.
- ◆ Gallasata paydotara dabbothidi malaata doona meega qofata ooothoosona.

*Imettida wode: 8 k/w*

|            |   |
|------------|---|
| Giddobata: | <ul style="list-style-type: none"><li>◆ Saaminta qammataba</li><li>◆ Saamintta qammata malaata doona sunthata</li><li>◆ Gallassa paydotara dabbotho</li><li>◆ Gallassa paydotara go7etethi</li><li>◆ Oosonne shempo qammata dummatethaa</li></ul> |
|------------|---|

### Paatettida Qopobata:

- ◆ Saamintta qammata malaata doonan xeegoosona .
- ◆ Saamintta qammata malaata sunthata paydotara dabbothoosona.
- ◆ Gattiya wode malla gidida malaatata paattoosona.
- ◆ Gallasata paydotara gasethidi qonccisoosona.
- ◆ Ooso qammata shaakkoosona.
- ◆ Ooso qammasinne shempo qammasi de7iya dummatetha qonccisoosona.
- ◆ Laalepe kaalidi de7iya qammata malaata doonan bessoosona.
- ◆ Laalepe sinthan de7iya qammata mallata doonan bessoosona.
- ◆ Laalesinne naades giddon de7iya gallasata mallata doonan odoosona.
- ◆ Saamintta giddon de7iya gallasata sunthaa mallata doonan sinh-guye maaran xeegoosona.

## Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Hachchi Gallassay aybee?  
 Hachchi gallasay aybee?(2)  
 Hachchi gallassay Wogga.  
 Woggi shempo qamma  
 Hachchi gallasay aybee?(2)  
 Hachchi gallassay Laale.  
 Laaley timirtte wode.  
 Hachchi gallasay aybee?(2)  
 Hachchi gallassay Laame.  
 Laamey timirtte wurssetha qamma.

- ◆ Gallasa qamma malaata doonan erisite.
- ◆ Saamintta qammata malaata suntha beson dabboyite.
- ◆ Tamaareta cugan shaakkidi issi issi cugan gallasata oykidi gallasata giddon ay ay oothiyaako malaata doonan qonccisanaada udite.
- ◆ Tamaareti waathan/cugan gigidi saamintta gallasata giddon panttaw ay ay oothiyaako malaata doonan odetanaada udite.
- ◆ Wode mallas gidida malaatata paatidi qoncciso oothite.
- ◆ Waathanine cugan gididi saaminta qammata malaata sunthan bessanaada udite.
- ◆ Saamintta giddon de7iya qammata sunthaa sinh-guye maaran paatti xana7anaada maadite.

### *Qofiso*

*Hayana astamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miishe

- ◆ Saamintta qammata sinh-guye maara malaataninne sunthan giigiso
- ◆ Gallasa paydo pilaase karde medhon giigiso

### Kaalli xeelo

- ◆ Saaminta qammata Malaata doonan xeegeyssa kaallite.
- ◆ Saaminta qammata malaata sunthaa paydotara dabboyeysa tillayite.
- ◆ Wode malla gidida qaalata malaatan paate dandda7idayssa be7ite.
- ◆ Ooso qammataninne boncho qamma shhkkeyssa kaallite.
- ◆ Saamintta qammata giddon beettiya qammata sunthaasinh-guye maaran paatteyssa tillayite.

# SHEMPO LAAPUNA

## Biradhdhe Pidaleta

### Kumetha qopobata

- ◆ Pidaleta biradhdhen nabbaboosona.
- ◆ Biradhdhe pidalen qaala medhoosona.
- ◆ Bantta sunthaa biradhe pidalen xeegoosona.
- ◆ Banta laggeta sunthaa biradhdhe pidalen xeegoosona.

*Imettida wode: 16 k/w*

Giddobata:

- ◆ Tophphiya malaata doona biradhdhe pidale
- ◆ Biradhdhe pidaleta (Ha-Pe)
- ◆ Ta,ne Iya,I sunhaa biradhdhe pidale

### Paatettida Qopobata:

- ◆ Biradhdhe pidaleta medhanaw go7ettiya kushe biradhdheta meezyo eroosona.
- ◆ Ha-pe gaso de7iya pidaleta biradhdhe pidalen xeegoosona.
- ◆ Pialetanne entta zareta biradhdhe pidalen nabbaboosona.
- ◆ Biradhdhe pidaletanne entta zarethata shaakkoosona.
- ◆ Banta sunthaane banta laggeta sunthaa biradhdhe pidalen erisoosona.
- ◆ Biradhdhe pidaleta pidale dabbohoosona.
- ◆ Pidaleta giddope dummattiya pidale shako dandd7oosona.
- ◆ Pidaletanne entta zerethata biradhdhe pidalen nabbaboosona.
- ◆ Biradhdhe pidaleta zerethata shaakkoosona.

## Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Yooga nayto tamaaros

Yooga naytoo tamaaros pilggoos

Eratethaa demanaw minni tamaaros

“**U**” Burcuko aazawus

“**ʌ**” Oyde aazawus

“**ɒ**” Koncce aazawus

“**əʊ**” Manxxaxire aazawus

“**ɔ**” Huuphen guutoy dees

“**ɑ**” Shaashe qacasu

“**ɒ**” Zeero aazawusu

“**ɸ**” Xeesse oykkasu

“**ɹ**” Gina pa kushiya micasu.

- ◆ TAMAARETI PANTA KUSHIYA SINTHE AATHIDI GUUTHARA DHOQU UDIDIDI QAAQA BESSANA MELA UDIDI BIRADHEDHE PIDALETA KAYAN KAYAN ERISITE.
- ◆ Biradhdhe pidaleta meezeetana mela maaddite.
- ◆ Biradhdhe pidaletanne enta zerethata paattidi qoncciso oothite.
- ◆ Banta sunthaa, bantta laggeta sunthaa, asttamaareta sunthaanne soo asaa sunthaa biradhdhe pidalen xeegisite.

### Malla:

(Ta sunthay ..... Ne sunthay..... Iya/I sunthay .... Giidi go7etethi)

- ◆ Pidale gayta, zaraa, posttere mood-eleta go7ettidi biradhdhe pidaleta suure xana7anaadanne nabbabanaada minthethite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miishata

- ◆ Biradhdhe pidaleta malaata doonan oothanaw go7iya kushe biradhdheta meezyeyota
- ◆ Zaran oosettida biradhdhe pidale gayta
- ◆ Piradhdhe pidale moodeleta

## Kaalli Xeelo

- ◆ Biradhdhe pidaleta entta zerethata suure nabbabo dandda7idayssa tillayite.
- ◆ Pidalea biradhdhe pidalera dabboth-eyssa kaallite.
- ◆ Malaata doona kushe yegethi, go7eethinne qaxao maaran ooheyssa kaallite.

# SHEMPO HOOSPUNA

## Ta Dawutareto

### Kumetha Qopobata

- ◆ 1-100 de7iya malaata doona biradhdhe paydotta meezeoosona.
- ◆ Paydota biradhdhe malaata doondn nabbaboosona.
- ◆ Paydotabiradhdhe malaata doonan padooosona.
- ◆ Heedzu malaata mega qofqta malaata doonan oohoosona.

*Imettida wode: 13 k/w*

### Giddobata:

- ◆ 1-100 de7iya malaata doona biradhdhe paydota
- ◆ Shempo 2 imirtte bolla baaso oothidi heedzu malaata mega qofata
- ◆ Sunthatanne paydota issipe go7etetha oge

### Paatettida Qopobata:

- ◆ 100 gaso de7ia paydota biradhdhe malaata doonan paydoosona
- ◆ Misile darotetha paydotara dabboyosona.
- ◆ Paydota biradhdhe malaata doonara dabbothoosona.
- ◆ Misile daroteth biradhdhe malaata doonara dabbothoosona.
- ◆ Kumetha paydotanne pace paydota shaakkoosona.
- ◆ Gita paydota guutha paydotape shaakkoosona.
- ◆ Misileta biradhdhe malaata doonan paydidi darotethaa eroosona.
- ◆ Paydotanne sunthata go7ettidi heedzu malaata meega qofata oothoosona.
- ◆ Sunthatanne paydota issipe go7etetha oge akeekoosona.

## Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Issino nam77a heedza oydda ichasha

Isso nam77a heedza oydda ichasha(2)

Molo ta oykkas kahos

Ihasha usupuna laapuna hospuna uddupuna tamma(2)

Waaso yeggas qoponna

Ays waaso yeggadii

Tabiradhdhey biradhdhiya qanxxis Awusse biradhdhey

Ushacha biradhdhe guuthiw.(2)

Hiwot Mamo

- ◆ Tamaareti panta kushiya sinhe sinthe guuthara dhoqu udidi qaaqa bessan-aada udidi biradhdhe paydota kayan kayan erisite.
- ◆ (1-10,11-20,21-30,31-40,41-50,51-60,61-70,71-81,81-90,91-100)de7iya paydota biradhe malaata doondn paydanaada udite.
- ◆ Paydotanne sunthata go7ettidi heedzu malaata meega qofa oosisite.
- ◆ Kifile giddon de7iya maccanne adde tamaareta darotetha oychidi zaaro immanaada udite.
- ◆ Entta laythaaninne soo asaa yara darotetha oychidi zaaro immanaada udite.
- ◆ Pydota biradhdhe malaata doonan nabbabanaadanne paydanaada meezyeyite.

### Qofiso

*Hayana astamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

### Timirtte Maado Miishe

- ◆ Malaata doona oothanaw go7ettiya kushe biradhdhe meezyota
- ◆ Zaran postereninne moodeleta giigettida biradhdhe malaata doond paydota zara

### Kaalli Xeelo

- ◆ Paydota biradhdhe malaata doonan nabbabonne paydo dandda7idayssa kaalite.
- ◆ Paydotanne sunthata go7ettidi heedzu malaata meega qofata ooheyssa tillayite.
- ◆ Sunthatanne paydota issipe go7ettiya ogeta akeekidayssa kaallite.
- ◆ Misileta biradhdhe malaata doona paydidi darotetha shaakkidayssa kaallite.

# SHEMPO UDUPUNA

## Dosiya ayfa-Ayfe

### Kumetha Qopobata

- ◆ Ayfa-ayfeta sunthatanne qommota bolla tobboosona.
- ◆ Malaata doonan ayfa-ayfeta sunthaa bessoosona.
- ◆ Nam77u malaata meega qofata oothoosona.

### Giddobata:

- ◆ Dumma dumma ayfa-ayfeta sunthaa
- ◆ Nam77u malaata meega qofata(Burttukaane dosayssi,Muuze dosayssi...)
- ◆ Dosoranne ixora biya sintha qonccisotanne bolla qaaxota

### Paatettida Qopobata:

- ◆ Ayfa-afeta sunthaa malaata doonan xeegoosona.
- ◆ Ayfa-afeta sunthaa hara qumatape shaakkoosona.
- ◆ Ayfa-afeta sunthaa malaata doonan odoosona.
- ◆ Ayfa-afeta misileta malaatara dabbothoosona.
- ◆ Ayfa-afeta misile be7on ayfa-ayfeta shaakkoosona.
- ◆ Malaatata be7on ayfa-ayfeta sunthaa xeegoosona.
- ◆ Ayfa-afeta misileta malaata doonan nabbaboosona.
- ◆ Ayfa-afeta misileta aaziya ayfa-afeta misilera gasethoosona.
- ◆ Ayfa-afeta misile be7on misiliyaaba malaata doonan qonccisoosona.
- ◆ Dosoranne ixxora biya sintha qonccisotanne qaaxota eroosona.

## Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Ayfa-ayfe Muussi  
Goos dub dub dub  
Goos isso nam77a heedza  
Ayfa-ayfe muussi pashkatethas(2)  
Butukaane muuze loome  
Goos dub dub dub  
Goos isso nam77a heedza  
Ayfa-ayfe muussi pashkatethas(2)  
Paapa mango abukaado  
Goos dub dub dub  
Goos isso nam77a heedza  
Ayfa-ayfe muussi pashkatethas(2)  
Woyne ananaase  
Goos dub dub dub  
Goos isso nam77a heedza  
Ayfa-ayfe muussi pashkatethas(2)

- ◆ Ayfa-ayfeta sunthata malaata doona xeesi erisite.
- ◆ Buzon, waathaninne cugan gididi ayfa-ayfeta sunthanne qommota malaata doonan meezetanaada udite.
- ◆ Tamaareti dosiya ayfa-ayfe qommo mallta doonan xeeganaadanne oy-chana mela udite.
- ◆ Ayfa ayfe misile beson malaata doond sunthata qonccisanaada gii-gisite.
- ◆ Ayfa-ayfe misile oothanaada udon-inne malaata beson meezetanaada made immite.
- ◆ Burtukaane dosays / dosikke guus-san nam77u malaata meega qofata oothanaada maadite.

- ◆ A yfa-ayfe qommo paatehi bessiya misile malaata doonara dabbothidi meezyeo oyshata oositise.
- ◆ Dosoranne ixxora biya sintha qonccisotanne qaaxota go7etana mela udite.

### Qofiso

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite*

## Timirtte Maado Miishe

- ◆ A yfa-ayfe qommota bessiya misile

### Kaalli Xeelo

- ◆ Ayfa-afeta malaata doona sunthata suure gidida pooto/misile ra dabbotho dandda7eyssa kaallite.
- ◆ Ayfa-afeta malaata doona sunthata shaakki eridayssa tillayite.
- ◆ Ayfa-afeta malaata doona sunthata suure xeegeyssanne besseyssa tillayite.
- ◆ A yfa-ayfe qommo paatehi bessiya misile malaata doonara dabbothi-dayssa kaallite.
- ◆ Dosoranne ixxora biya sintha qonccisotanne qaaxota go7etethi dandda7idayssa kaallite.

# SHEMPO TAMMA

## Ta zo7o borssa

### Kumetha Qopobata

- ◆ Qalameta sunthaanne qommota bolla malaata doonan tobboosona.
- ◆ Qalame qommota malaata doonan bessoosona,shaakoosona.
- ◆ Heedzu malaata mega qofata ooothoosona.

*Imettida wode: 6 k/w*

### Giddobata:

- ◆ Qalameta sunthaanne qommota
- ◆ Dumma dumma qalame malaatata
- ◆ Heedzu malaata mega qofata(Ta borssay zo7o,Ta irssaasey bunna.)
- ◆ Sunthatas qalametara go7etiya ogé

### Paatettida Qopobata:

- ◆ Qalameta suntha malaata doonan paattoosona.
- ◆ Qalameta malaata doonan shaakki dandda7oosona.
- ◆ Qalameta malaata doonan xeegoosona.
- ◆ Aaziya qalameta dabbothoosona.
- ◆ Qalameta malaata doona sunthaara dabbothoosona.
- ◆ Bantta afila qalamiya malaata doonan shaakki bessoosona.
- ◆ Sunthata qalametara de7iya go7etetha ogeta eroosona.
- ◆ Qalameta sunthaa go7ettiya heedzu malaata meega qofata ooothoosona.

## Timirtte Shiisho Oge

### Ooso:

- ◆ Qalameta malaata erisite.
- ◆ Qalameta malaata bessiya postereta/zarata go7ettidi qalameta bessite.
- ◆ Kifile giddon de7iya miisheta beson tamaareti qalame qommota
- ◆ Sunthaa xeeganaada udite.
- ◆ Borssata,ma7otanne caammata qalame shaakkanaada udite.
- ◆ Aaziya qalamey de7iyaabata bessan-aadanne be7anaada udite.
- ◆ Tamaareti kayan kayan waathe gididi qalametaba oyshetanaada meezezite.
- ◆ Bantana , banta soo asaa yaratanne laggeta afilata qalame bolla qofa laametanaada udite.
- ◆ Cugan shaahetidi oysha oyshettishe meezezanaada udite.
- ◆ Tamaareti oychanaadanne zaaro immanaada minthethite.
- ◆ Misilen/moodelen shiiqidq qalame sunthata malaata doonan xeeganaada udite.
- ◆ Qalameta suntha go7etidi heedzu malaata mega qofata oothanaada occisite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miishe

- ◆ Posteran/zaran shiiqida qalame mallata

- ◆ Qalame qommota bessiya misile

### Kaalli Xeelo

- ◆ Misilen shiiqida qalame qommota anne suntha malaata doonan bessyssa tillayite/.
- ◆ Tamaareti qalametabaa malaata doonan oysha oychanaadanne zaaro imanaada kaallite.
- ◆ Qalame qommota malaataara dabboheyssa xeellite.
- ◆ Sunrhaa go7ettidi heedzu malaata mega qofata ootheysa be7ite.

# SHEMPO TAMMANNE ISSO

## Medosata shaaho

### Kumetha Qopobata

- ◆ Medosata qommotanne sunthaa bolla malaata doonan tobboosona.
- ◆ Malaata doonan medosata qonccisoosona.
- ◆ Soonne wora medosata sunthaa malaata doonan bessoosona.
- ◆ Medosata go77a bolla baaso oothidi meega qofata ooothoosona.

*Imettida wode: 12 k/w*

Giddobata:

- ◆ Medosata qommotanne sunthaa
- ◆ Soo medosata sunthaa
- ◆ Wora medosata sunthaa
- ◆ Medosata go77a bolla baaso oothidi meega qofata

### Paatettida Qopobata:

- ◆ Soo medosata malaata doonan sunthaa shaakki xeegoosona.
- ◆ Soo medosatas wolli giddon de7iya issipiethanne dummaetha geeddaroosona.
- ◆ Medosata misileta be7on soonne wora medosata malaata doonan shaakkoosona .
- ◆ Medosata sunthaa suure gidida misilera/malaatara dabbothoosona.
- ◆ Medosata pooto/misile be7on sunthaa malaata doonan odoosona.
- ◆ Soo medosata go7a malaatadoonan qonccisoosona.
- ◆ Medosata go7a bolla baaso gidida mega qofata malaata doonan ooothoosona.

# Timirtte Shiisho Hiilla

## Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Kanay hemettees

Kanay hemettes.

Meqethi ekki bis(2)

Iya mishe naages kayso

Kanay wu wu (2)gees

Gawariya miwu gawus(2)

Maathi uyashe

Miiziya himbaa(2) gawus

Maata mashe

Kuttoy kuukulu(2)gees

Wontta denddi kooshe sissees

Soo meheti (2)

Ase daro go7ees

Hayssa ubbaa eroos.

- ◆ Soo medosata miilenne pooto bessidi malaata doonan medosata qommot-anne sunthaa xeegidi eriso.
- ◆ Medosata kumetha hanota malaata doonan tobbiso.
- ◆ Soonne wora medosata shaakana mela malaata doonan eriso.
- ◆ Tamaareti medosataba be7iyaabanne eriyaaba kayan kayan waathaninne cugan gididi malaata doonan odeta-naada udo.
- ◆ Medosata go7a bolla baaso gidida mega qofata oosiso
- ◆ Soonne wora medosata paatethi bessiya misile malaatara gasethidi dabbothana mela meezyeyidi oyshata oosiso.
- ◆ Waathaninne cugan gididi eriyaanne dosiya soomme wora medosata ma-laata doonan tobbanaada giigiso.

- ◆ Medosata misile oosison oothida misiles malaata doonan qoncciso immanaada udo.

## Qofiso

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Tamo'i mu'uta

- ◆ Mi'nekaa bii'l moo'isoo misila

## Keenato

- ◆ Mi'nekaa bii'l moochchaa mare'i suu'm suuma hanqo'i foto'inne/misi-linne shiinnaatansimma xassehe.
- ◆ Mi'nekaa bii'l moochaa annannis-samukkisa xassehe.
- ◆ Mi'nekkaa bii'l moochchi summaa mare'i suume hanqo'isa weeshamuk-kisa moo'amukkisa xassehe.
- ◆ Mi'nekaa bii'l moochcha moo'isoo misila mare'i suumminne shiin-naatansamukkisa moo'lehe.

# SHEMPO TAMMANNE NAM77A

## Hayss ay geetetti?

### Kumetha Qopobata

- ◆ Timirtte miisheta malata sunshape shaakkoosona.
- ◆ Timirtte miisheta sunthane qommota malaata doonan meezeetoosona.
- ◆ Nam77u malaata oyshata ooothoosona.

*Imettida wode: 7 k/w*

### Giddobata:

- ◆ Kifile giddon de7iya timirtte miisheta sunthaa oysho
- ◆ Timirtte miisheta malata doona suntha
- ◆ Malliya malaatata
- ◆ Nam77u malaata oyshata

### Paatettida Qopobata:

- ◆ Kifile giddon de7iya timirtte miisheta malaata sunthatan xeegooona.
- ◆ Kifile giddon de7iya timirtte miisheta go7ata malaata doonan paattoosona.
- ◆ Malliya malaatata go7ettidi nam77u malaata oyshata malaata doonan oychoosona.
- ◆ Kifile giddon de7iya timirtte miisheta sunthaa suure pootora/misilera dabbothoosona.

### Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Boos timirtte soo

Boos timirtte soo

Boos timirtte soo

Eratethi zal7oos.

A    B    C    D    E

Boos timirtte soo

Boos timirtte soo

Eratethi zal7oos.

1    2    3    4

Boos timirtte soo

Boos timirtte soo

Eratethi zal7oos.

Hiwot Mamo

- ◆ Kifile giddon de7iya timirtte miishe-ta malaata sunhaxeegi erisite.
- ◆ Tamaareti malaata doonan oychanaa-danne zaaro immana mela oothite.
- ◆ Zaaro odata bolla malaata doonan issipe oothanaada udite.
- ◆ Kaasse/zaaro oyshata giigisite.(mal-las; Hessi aybee?Hiniyssi abee?)
- ◆ Tamaareti kaya naagidi malaata doo-nan oysha kaassa oothite.
- ◆ Miisheta bochidi misiletä misile mal-lanaada udite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

### **Timirtte Maado Miishe**

- ◆ Kifile giddon de7iya timirtte miishe-ta paatethi bessiya misile

### **Kaalli Xeelo**

- ◆ Kifile giddon de7iya timirtte miishe-ta sunthaa misiletara dabboheyssa kaallite.
- ◆ Kifile giddon de7iya timirtte miishe-ta sunthaa malaata doonan shaakki eridayssa tillayite.
- ◆ Kifile giddon de7iya timirtte miishe-ta sunthaa malaata doonan suure xeegeyssanne besseyssa tillayite.

- ◆ Kifile giddon de7iya timirtte miisheta go7ata malaata doonan qonccisethi dandda7idayssa tillayite.
- ◆ Kifile giddon de7iya timirtte mi-ishe-ta bessiya misile malaata doona suthatara dabboheyssa be7ite.
- ◆ Malliya malaatata go7ettidi nam77u malaata oyshata ooheyssa kaallite.

# SHEMPO TAMMANNE HEEDZA

## Oosonne Oosanchota

### Kumetha Qopobata

- ◆ Yela asay oohiya ooso qommota malaata doonan obboosona.
- ◆ Asay oothiya ooso qommotanne ooso bessata malaata doonan qonccisoosona.

*Imettida wode: 7 k/w*

|            |   |
|------------|---|
| Giddobata: | <ul style="list-style-type: none"><li>◆ Yela asay oohiya ooso qommota</li><li>◆ Dumma dumma ooso malaatata</li><li>◆ Heedzu malaata mega qofata</li></ul> |
|------------|---|

### Mallas:

Ta aaway asttamaare, Ta aaway doktere gidenna.

- ◆ Ee /akkay geetettiya mega qofara biya sintha qonccisotanne bolla qaaxota.

### Paatettida Qopobata:

- ◆ Yela asay oohiya ooso qommota malaata doonan qonccisoosona.
- ◆ Asay oothanaw dandda7iya ooso qommota malaata doonan malloosona.
- ◆ Ooso qommoti oosettiya bessata malaata doonan malloosona.
- ◆ Heedzu malaata mega qofata ooothoosona.

### Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Ta malaaliya sintha qofi de7ees.

Ta malaaliya sintha qofi de7ees cincatethan minnidays

Eratethi demmanaw minna xana7ays

Gidana sayttistte erancha doktere Pilgeha ooson erettida pirofeesere.

Gada denddas tuma amuhas ta amuhada.

Ta asttamaretape eratetha maxada

Ta malaaliya sintha qofi de7ees  
cincatethan minnidays  
Eratethi demmanaw minna xana7ays  
Ta deriya otorsana gidana alamiya  
ufayssa  
Eratethan timirtten dichchaa dalgisana  
Isporten eratethaa oosuwa erada  
Eranawdenddas sintha qofan gencada  
Ta malaaliya sintha qofi de7ees  
cincatethan minnidays  
Eratethi demmanaw minna xana7ays.  
Yoonaasa W/xaadiqe

- ◆ Asay oothanaw dandda7iya ooso qommota malaata sunhata mallidi erison qoncciso immite.
- ◆ Tamaareti eriya ooso qommota malaata doonan oychite.
- ◆ Ooso qommota malaata doonan erisite.
- ◆ Yela asay oohiya ooso qommota oychidi malaata doonanodetanaada udite.

### *Malla:*

Heedzu malaata meega qofata  
Ta aaway asttamare, Ta aaway doktere giddenna... giidi meega qofa oothite

- ◆ Xeelo nibaabe eratetha dichanaada minthethite, kaallite.
- ◆ Ooso qommotanne oosanchay oothiya oosa giigisidi malaata doonan erisite.

### *Mallas:*

Astamarey tamarssees, Aakimey aakimees, Daynay pirddees, Shufeery kaamiya laaggees.....

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

### **Timirtte Maado Miishe**

Ooso qommota bessiya misile/pooto go7etethi

### **Kaalli Xeelo**

- ◆ Asay oothanaw dandda7iya ooso qommota malaata sunhatan qoncciso dandda7eyssa tillayite.
- ◆ Yela asay oohiya ooso qommota malaata doonan odeyssa kaallite.
- ◆ Heedzu malaata mega qofata ooso dandda7eyssa kaallite.
- ◆ Ee /akkay geetettiya mega qofatra biya sintha qonccisotanne bolla qaaxota bessanaw paacceyssa kaallite.

# SHEMPO TAMMANNE OYDDA

## Ta dosiya

### Kumetha Qopobata

- ◆ Tamaarida malaata doona go7ettidi dosiyanne ixxiyabataba tobboosona.
- ◆ Dosiaabatanne ixxiyabata malaata doonan qonccisoosona.
- ◆ Malaata doonan amale qoccisiya malaatata maaran go7ettoosona.
- ◆ Ayfama malaata doona nababancha gidoosona.
- ◆ Qoncciso odo malaata doonan bessoosona.

*Imettida wode: 8 k/w*

### Giddobata:

- ◆ Tamaarida mela dosiyabatanne ixxiyabata qonccisethi
- ◆ Amale qonccisiya malaatata (doso, ixo, ....)
- ◆ Heedzu malaata mega qofata
- ◆ Dosaranne ixxora biya sintha qonccisotanne bolla qaax-ota

### Paatettida Qopobata:

- ◆ Dosiaabatanne ixxiyabata malaata doonan paattoosona.
- ◆ Amale qonccisiya malaatata go7ettidi doso/ixo amaleta qonccisoosona.
- ◆ Dosa amale ixo amalepe shaakki dandda7oosona.
- ◆ Amale qonccisiya malaatata go7ettidi heedzu meega qofata ooothoosona.
- ◆ Dosara/ixxora biya sintha qonccisotanne bolla qaaxota bessoosona.

## Timirtte Shiisho Hiilla

### Ooso:

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Ta soo asaa dosays  
 Dosays ta abbo(2)  
 Dosays ta immo(2)  
 Ta dabboti taas lo7o  
 Dichideta tana ishalisidi  
 Dosays ta isha(2)  
 Dosays ta michiw(2)  
 Ta dabboti taas lo7o  
 Dichideta tana ishalisidi.  
 Yoonas Mogos W/xaadiqe

- ◆ Amale qonccisiya malaatata beson qonccisite.
- ◆ Dosiaabatanne ixxiyabata waathaninne cugan gididi malaata doonan qonccisanaada udite.
- ◆ Amale qonccisiya malaatata maara go7etteyssa kaalo oohite.
- ◆ Heedzu malaata mega qofata oosisite.
- ◆ Dosara/ixxora biya sintha qonccisotanne bolla qaaxota go7ettanaadanne meezeetanaada maaddite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamars-so hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

## Timirtte Maado Miishe

- ◆ Doso/ ixo amales eqqida malaatata
- ◆ Doso/ ixo amale bessiya misile

## Kaalli Xeelo

- ◆ Dosa amale ixo amalepe shaakki dannda7eyssa kaallite.
- ◆ Amale qonccisiya malaatata go7ettethi dannda7eyssa tillayite.
- ◆ Dosiaabatanne ixxiyabata mallata doonan qoncciseyssa kaallite.
- ◆ Dosara/ixxora biya sintha qonccisotanne bolla qaaxota go7ettidayssa tillayite.

# SHEMPO TAMMANNE ICHASHA

## Timirtte soo peeshi

### Kumetha Qopobata

- ◆ Tamaarida malaata doona go7ettidi timirtte soo peesha bolla malaata doonan tobboosona.
- ◆ Tamaarida malaata zaaretho ooothoosona.
- ◆ Timirtte soo peeshi malaata doonan qonccisoosona.
- ◆ De7o eratetha dichoosona.

*Imettida wode: 12k/w*

### Giddobata:

- ◆ Tamaarida malaata go7ettidinne baaso oothidi t/k peesha qoncciso
- ◆ Tamaarida malaata zaaretho
- ◆ Aadhe wode peesho go7ettetha bolla oosetida meega qofa
- ◆ Paatethinne sinthe guye maara qonccisethi

### Paatettida Qopobata:

- ◆ T/keethaba malaata doonan qonccisoosona.
- ◆ T/k sunthaa malaata doonan bessooson.
- ◆ Tamaarida malaata doona go7ettidi timirtte peesha erisoosona.
- ◆ Tamaarida malaata zaaretho ooothoosona.
- ◆ Aadhe wode peesho go7ettidi meega qofa oohoosona.
- ◆ Timirtte soon tammariya t/qommo malaata doonan bessoosona.
- ◆ Paatethinne sinthe guye maara qonccisethi malaata doonanbessoosona.
- ◆ Kaassa sinhta-guye maara kaalli paacoosona.

## Timirtte Shiisho Hiilla

### Ooso

Hayana astamaareto kaalliya yetha tamaaretas gelanaw danda7isiya qoncisoninne malaata doona hanota qopidi malaata doonan yexite.

Nu dosiya timirtte keethiya  
Nu dosiya timirtte keethiya  
Ililo gidida eratetha nu makkija.  
Dummattiya siiqoy de7ees nena dosoos  
Coo balettoko ne miyian de7oos.  
Ciishshay pogetti mal77o ayfis  
Tumaka dicadasa gia gidadasa pinadasa  
Nu t/k al77onne beettonabaa gidasada.  
Ufayssi si7ettis dumma ayfiyan  
Yeletetha dichaas sinthe keyidayssan.  
Nu qofay giigidi poloy injettis  
Ne dichay luxidi muruuta bessis.  
Eratetha muqaada xompa poo7isadasa  
Cil77ada ciiyada, teera ayfadasa  
Daro ufayettida nenan keehi alida  
Nu timirtte keethiya dicca yaagida.

- ◆ Timirtte qommota qonccisiya malaata bessidi erisite.
- ◆ Haysape sinthe tamaarida kaarta bolla malaata doonan zaaretho oothite.
- ◆ Taariketa sintha guye maara eridi waathaninne cugan gididi tirekata diraama mela malaata doonan shiishanaada udite.
- ◆ Medhi-keso oosota oothanaada minthethite.

- ◆ Aadhe wode peesho go7ettetha bolla oosetida meega qofata oosisite.
- ◆ Tamaareti mino akeekan malaatanne be7uwa minthethiya meeze ootha-naada maaddite.
- ◆ Malaata doona haasaya hilohay diccanaada malaata udishe qaaqa gina, Kushe yegetha, qaxo, medho, bessenne ginaa suure udanaada maaddite.

### *Qofiso*

*Hayana asttamaareto: Malaata doona kifile woden de7iya tamaaro tamarsso hanota giddon oona gidida qaala oosotanne qofa laameretethi malaata doonanne biradhe pidale go7ettite.*

### Timirtte Maado Miishe

- ◆ Timirtte sooba qonccisiya misileta
- ◆ Timirtte soo peeshshi ay aaziyaakko malaata doonan beso dandda7idayssa kaallite.

### Kaalli Xeelo

- ◆ T/keethan tamaariya timirtte qommo sunthi malaatan xeegeyssa tillayite.
- ◆ Timirtte soo peeshshi ay aaziyaakko malaata doonan beso dandda7idayssa kaallite.
- ◆ Timirtte soon kifile giddon oothiya qaxo malaata doonan akeekiso dandda7idayssa tillayite.
- ◆ Timirtte qommota qonccisiya malaata go7etteyssa be7ite.
- ◆ Malaata doona haasaya hilohay diccanaada malaata udishe qaaqa gina, Kushe yegetha, qaxo, medho, bessenne ginaa suure udeyssa kaallite.